



Submission No 26

**Inquiry into the Care of ADF Personnel Wounded and Injured  
on Operations**

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A submission by Dr Jean W Doherty MB. BCh. BAO. Queen's University Belfast 1961 MFHom. Royal London Homeopathic Hospital 1990.

I am aware that I am late . Commander James Couch was however encouraging that I could still submit.

After many years in General Practice in my 50's felt I needed more tools. I explored acupuncture which is excellent in calming anxiety and acute distress but then found Homeopathy . I fell in love with the detective work necessary to find the remedy for that particular client and the improvement that could occur after that was given in the right potency. In physical illness not requiring or responding to traditional methods the problem often would be solved .The ideal would be that a homeopath be part of the treating team as necessary to do all orthodox investigations, have social support and even admission. In simple depression, grief or feeling of inadequacy because of neglected duty or failure in performing again cure would take place quickly. In complex mental illness [PTSD ] the client would start to engage more and make use of other strategies and repeat the remedy only when needed if progress became stalled.

The sphere of action of homeopathic medicines is much broader than orthodox treatments, being able to treat physical as well a psychological conditions.

Homeopathic treatment can work effectively alongside a range of other treatments and most homeopaths would welcome the opportunity to work as part of a therapeutic team.

The modality is much more than a placebo as useful also in plants and animals and particularly effective in recurring URTIs in children , fears, nightmares ,school phobia etc.

My request is that a Homeopath be part of each treating team that deals with our damaged servicemen.

The Australian Homeopathic Association contains much information and proof of efficacy

<http://www.homeopathyoz.org/>

<http://www.homeopathyevidencecheck.org/>

<http://www.homeopathyoz.org/WhatIsResearch.asp>

After reading of the experience Major General Cantwell and reading the article "War Without End" in "About The House" I feel compelled to offer my thoughts,

Yours Sincerely

Jean W Doherty